ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual	Recommended (Total 41
8705 9605804	East End Citizens Advice Bureau (Account3 Ltd, Age UK East London, Bromley By Bow Centre deafPLUS, Breakthrough Deaf Hearing Integration, Island Advice Centre, Legal Advice Centre (University House) Limehouse Project, Praxis Community Projects, St Hilda's East, St Peter's Bengali Association, Tower Hamlets Law Centre, Toynbee Hall, Women's Inclusion Team)	Large (£250k+)	Advice Tower Hamlets	Advice Tower Hamlets provides free, confidential, independent, quality assured-advice to help Tower Hamlets residents resolve their cost-of-living issues relating to welfare benefits, housing, money/debt, employment, immigration, consumer, education, community care, family and personal issues at a generalist/specialist level. Citizens Advice Tower Hamlets leads the partnership with 13 local advice agencies.	Boroughwide	Amount) 720,000	Months) 2,460,000

ID	Organiaation	Size of	Droinet Title	Short Project Description	Geographical Area Served	Recommended	Recommended
טו	Organisation	Organisation	Project Title		Area Served	(Annual Amount)	(Total 41 Months)
8854	First Love	Large (£250k+)	First Love	Tower Hamlets residents will	Boroughwide	30,000	102,500
9605953	Foundation		Foundation	have access to our AQS-			
			Advice and	accredited welfare rights			
			Advocacy	advice and advocacy service			
			Service	in person, by telephone and			
				through community			
				outreach. We will explore			
				why each individual and their household is in financial			
				difficulty, what other			
				challenges or crisis they face,			
				and work with them to effect			
				solutions.			
8662	The Felix	Large (£250k+)	Supporting	Providing nutritious food and	Boroughwide	30,000	102,500
9605761	Project		residents of	meals for 40,000 people in			
			Tower Hamlets	Tower Hamlets – each year –			
			who are in	who are currently facing			
			Crisis to get	food insecurity and hunger.			
			access to	Working with 80 community			
			nutritious	partners in the borough to			
2000	Critt I C	(6250)	food	help people in crisis.		20.000	100 500
8998	Stifford Centre	Large (£250k+)	Advice and	The Stifford Centre will	Limehouse	30,000	102,500
9606097	Limited		Crisis Support	deliver a comprehensive	Mile End		
			Project	'Advice and Crisis Support Project', offering welfare	Poplar Shadwell		
				benefit, debt, housing,	St Dunstan's		
				employment & financial	St Katherine's		
				advice, emotional support,	and Wapping		
				and peer-mentoring to local	and trapping		

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				residents. Additionally, the project will manage a 'Crisis Support Fund' for emergency assistance, actively addressing the cost-of-living crisis.	Stepney Green Whitechapel		
9072 9606171	Community of Refugees from Vietnam - East London	Medium (£150k-£250k)	Support and Advice for Older People in Vietnamese and Chinese Communities	The "Older People Vietnamese and Chinese Project" offers crucial support and guidance to the Vietnamese and Chinese communities in Tower Hamlets. We provide comprehensive assistance to individuals aged over 50, delivering valuable advice and information. Our services are available five days a week at Old Poplar Library, London E14 6RN.	Bethnal Green East (formerly Bethnal Green) Bethnal Green West (formerly St Peter's) Blackwall and Cubitt Town Boroughwide Bow East Bow West Bromley North Bromley South Island Gardens Lansbury Limehouse Mile End Poplar Shadwell St Katherine's and Wapping Stepney Green	20,000	68,333

Theme 1	I - Scheme A: Ad	dvice, Informati	on and Crisis S	Support			
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
9054 9606153	Association (Bangladesh Youth Movement, Tower Hamlets Parents Centre, Boundary Community School, Wapping Noorani Masjid & Community	Medium (£150k-£250k)	Tower Hamlets Bangladeshi & BAME-Led Advice Forum	Tower Hamlets Bangladeshi & BAME-Led Advice Forum is a consortium of trusted and embedded local charities, led by Wapping Bangladesh Association, working together to bring quality information, advice, guidance and support to people at risk during the Cost-of-Living Crisis. Our work focuses in the south-west locality of Tower Hamlets.	Shadwell Spitalfields and Banglatown St Katherine's and Wapping Weavers Whitechapel	70,000	239,167
	Centre)					900,000	3,075,000

Theme 2	- Scheme A: Ed	ducation Attaini	ment and Deve	lopment of Children and You	ıng People		
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
8866 9605965	St Hilda's East Community Centre	Large (£250k+)	Young People's Development Programme	St Hilda's East Young People's Programme is an inspirational initiative designed to support children and young people to reach their full potential. Through weekly activities including sports, arts, and reflective sessions; the programme focuses on improving young people's mental health, resilience and steering them away from anti-social behaviour and crime.	Whitechapel Spitalfields and Banglatown Weavers Bethnal Green West (formerly St Peter's) Bethnal Green East (formerly Bethnal Green)	33,180	113,365
9024 9606123	Limehouse Welfare Association	Small (less than £150k)	LWA Community Language Bengali and Arabic Support Programme	The aim of this project is to provide Community Language, Bengali and Arabic classes, 4 days a week (8 hours), 40 weeks each year, enhancing the achievement of 75 disadvantaged students in Key Stages 1,2 and 3. These classes will improve students' self-confidence, cognitive development, educational attainment and Community cohesion.	Poplar Limehouse Lansbury Mile End Shadwell Stepney Green St Dunstan's	22,400	76,533

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual	Recommended (Total 41
						Amount)	Months)
8862	St Margaret's	Large (£250k+)	The Children's	The project empowers Tower	Boroughwide	5,156	17,616
9605961	House		Making Tree	Hamlets children to take part			
				in enriching holiday activities			
				in a variety of arts disciplines			
				(circus, art, drama, spoken			
				word). Sessions improve			
				children's confidence in their			
				abilities and increase their			
				cultural capital to help them			
				pursue diverse activities			
				outside of school to support			
				their academic achievement.			
9063	Udichi Shilpi	Small (less	UDICHI	Project provides mother	Boroughwide	18,768	64,124
9606162	Gosthi	than £150k)	Bengali	tongue study support and			
			Mother	community education for 300			
			Tongue Project	disadvantaged Bengali			
				children and young people in			
				Tower Hamlets who will learn			
				to read, write and speak			
				Bengali and achieve Tower			
				Hamlets Community			
				Language Certificate. Boosts			
				community cohesion via arts			
				and cultural activities			
				broadcast on Bengali media			
				(TV, radio)			
8807	Conductive	Medium	Music Beyond	Music Beyond Imagination	Boroughwide	30,000	102,500
9605906	Music	(£150k-£250k)	Imagination	(MBI), is a cutting-edge			
				music-technology-led			

Theme 2	Theme 2 – Scheme A: Education Attainment and Development of Children and Young People										
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)				
				educational project for 1475							
				Y4-Y8 SEN students across 8							
				Special, Mainstream and							
				Alternative Provision schools							
				and in Tower Hamlets. MBI							
				supports music creation by							
				empowering children,							
				bridging educational gaps,							
				showcasing career pathways,							
				and enabling growth for							
				Tower Hamlets' youth.							
9028	SocietyLinks	Large (£250k+)	Rainbow Links	A SEND focused programme	Boroughwide	30,000	102,500				
9606127	Tower Hamlets			of activities providing							
				stimulating activities for							
				children and young people,							
				support and peer network for							
				parents and carers, speech							
				and language training and							
				family trips to enhance the							
				opportunities available for							
				SEND children.							
9056	Wapping	Medium	A Bright	WBA's After School Children's	St Katherine's	25,000	85,417				
9606155	Bangladesh	(£150k-£250k)	Future -	Education Project is aimed at	and Wapping						
	Association		Wapping	raising the educational							
			After-School	achievements of							
			Children	academically underachieving							
			Education	Bangladeshi children from							
			Project	poorer and disadvantaged							
				backgrounds. We will achieve							

Theme 2	2 – Scheme A: Ed	ducation Attaini	ment and Deve	lopment of Children and You	ung People		
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				our project aim by delivering the following programme of activities using the following learning interventions that includes Mother Tongue Education and Study Support Learning.			•
9013 9606112	Young and Talented	Small (less than £150k)	Triple Talent Enrichment Programme	Weekly, high-quality, performing-arts training for 6-16-year-olds. The free sessions will enable children from marginalised backgrounds to have long-term engagement with activities which support good mental health and wellbeing; develop personal and practical skills; enrich curriculum learning; and provide access to the infrastructure required to progress into arts/culture-related education and employment.	Bethnal Green West (formerly St Peter's)	25,000	85,417
8990 9606089	Newark Youth London	Large (£250k+)	Girls in Action	Our project aims to widen access to extracurricular activities for girls and young women so they develop their confidence and lifeskills;	Boroughwide	20,000	68,333

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
8896 9605995	Four Corners	Large (£250k+)	Cameraworks: Young People's Photography Workshops	make them resilient and enable them to participate in social action projects and other learning opportunities so they develop their leadership, communication and organisational skills. "Cameraworks" will provide 168 young Tower Hamlets residents with the opportunity to take part in photography workshops and creative projects, improving	Boroughwide	20,000	68,333
				their educational attainment and also supporting their wider personal development.			
9044 9606143	Weavers Community Forum (WCF)	Small (less than £150k)	Active Youth Project	Active Youth Project is to help inspire, activate & motivate young people to learn about themselves, others, and Society, through non-formal education activities which combine enjoyment, challenge and learning.	Weavers Bethnal Green West (formerly St Peter's) Bethnal Green East (formerly Bethnal Green)	21,903	74,835
9035 9606134	Hornafrik Integration Projects Ltd	Small (less than £150k)	E14 BAME Children and Young People Educational	E14 BAME Children and Young People Educational Attainment Project will support Children and Young people from disadvantaged	Island Gardens Blackwall and Cubitt Town Poplar Lansbury	13,250	45,271

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
			Attainment	households for timely			
			Project	intervention in access to			
				extracurricular activities and			
				after school provision.			
8937	Tower Hamlets	Small (less	THPC Saturday		St Katherine's	10,369	35,427
9606036	Parents Centre	than £150k)	Study Support	This Project will deliver a 3-	and Wapping		
			Programme	hour weekly Study Support	Whitechapel		
				Session on a Saturday	Stepney Green		
				morning for 40 weeks each	St Dunstan's		
				year that help improve the	Spitalfields and		
				attainment of 75	Banglatown		
				disadvantaged local young	Weavers		
				people at Key Stages 1 and 2.			
9009	Toyhouse	Small (less	Accelerating	By supporting a network of	Boroughwide	14,992	51,223
9606108	Libraries	than £150k)	Education for	community based Toy			
	Association of		Pre-School	Libraries facilitated by a mix			
	Tower Hamlets -		aged children	of parent volunteers and			
	Toyhouse		via	staff, Toyhouse will enable			
			Community	parents & pre-schoolers to			
			Toy Library	benefit from weekly Play &			
			involvement.	Learn sessions, enabling			
				children to develop speech,			
				communication, social			
				interaction and Early Learning			
				skills before they enter			
				formal educational settings.	_		
8913	Women's	Large (£250k+)	Maangaar	This project will target	Boroughwide	20,000	68,333
9606012	Inclusive Team		(Young People	children aged 6 to 10 with			
			- SEN Support)	Special Educational Needs			

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				and Disabilities (SEND) in			,
				LBTH boroughwide, who have			
				limited after-school			
				provisions. Maangaar			
				(meaning 'unique child' in			
				Somali) will create positive			
				learning opportunities to			
				enrich their development and			
				their parents, ultimately			
				improving their education			
				and mental well-being.			
9020	Ashaadibi	Small (less	Aim Higher ~	The Aim-Higher Edify project	Boroughwide	20,000	68,333
9606119	Education and	than £150k)	Edify	aims to promote community-			
	Cultural Centre			based study support and			
				language development for			
				children and young people in			
				Tower Hamlets, delivering			
				boroughwide. This project			
				will accelerate education and			
				growth through after-school			
				clubs, language classes, and			
				youth-work opportunities,			
				leading to improved			
				academic achievement and			
				future success for			
				participants in LBTH.			
3758	Westferry	Small (less	Education	Education Matters is a	Canary Wharf	20,000	68,333
9605857	Community	than £150k)	Matters	community-based initiative,			
	Organisation			which will deliver			

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				educational/learning			
				activities to children and			
				young people in the Canary			
				Wharf area. This will consist			
				of after-school/evening			
				and/or weekend clubs for			
				children, to assist in			
				reading/writing,			
				maths/arithmetic, and other			
				curriculum/extra-curriculum-			
				based learning. Also,			
				weekend sessions for young			
				adults providing life skills.			
						350,018	1,195,893

Theme 2	Theme 2 – Scheme B: Lifelong Learning										
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)				
8967 9606066	Age UK East London	Large (£250k+)	Digital Buddy	Digital Buddies will build the skills, confidence and motivation of digitally excluded older people, using a proven model, enabling them to get to grips with new technologies and use them safely and skilfully. It represents the best opportunity to build their confidence, skills and ultimately resilience in a digital-first world.	Boroughwide	39,997	136,656				
8700 9605799	East London Advanced Technology Training	Large (£250k+)	BOOST (Building On Our Skills Together) South West	BOOST South West provides accessible, entry-level ESOL classes to develop English language skills, digital inclusion, and preparation for lifelong learning for 300 migrants and refugees in SW Tower Hamlets, 2023-2027. Courses will be tailored to learners' lives and include classroom activities, visits to places of interest and community engagement activities.	Shadwell St Dunstan's Stepney Green Whitechapel	40,000	136,667				

		Size of		Short Project	Geographical	Recommended	Recommended
ID	Organisation	Organisation	Project Title	Description	Area Served	(Annual Amount)	(Total 41 Months)
8934	ICM Foundation	Small (less	CORE News	Adults with learning	Boroughwide	30,000	102,500
9606033	CIC	than £150k)	Community	disabilities will develop			
			Newspaper	skills and work towards a			
				qualification to design and			
				produce a tri-annual			
				community newspaper,			
				informing people of and			
				reviewing activities to be			
				distributed to community			
				groups in London with the focus on reducing social			
				isolation and increased			
				participation through low			
				cost or free activities.			
8996	Stifford Centre	Large (£250k+)	BAME	Stifford Centre's BAME	Shadwell	29,000	99,083
9606095	Limited		Women's	Women's Empowerment	St Dunstan's		33,000
			Empowerment	Programme empowers	St Katherine's and		
			Programme	BAME women in Tower	Wapping		
				Hamlets through	Stepney Green		
				comprehensive ESOL	Whitechapel		
				classes, employability work			
				and digital skills training.			
				Our goal is to bridge socio-			
				economic gaps and boost			
				integration, confidence,			
				and participation in the			
				local economy.			
8929	deafPLUS	Large (£250k+)	Improving	A borough wide life long	Boroughwide	30,000	102,500
9606028			deaf and hard	learning project that will			

Theme 2	2 – Scheme B: Li	felong Learning	g				
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
			of hearing residents English, Maths and digital skills	improve deaf and hard of hearing residents English and Maths and digital skills, reducing socio-economic deprivation in Tower Hamlets.			
8803 9605902	Social Action For Health	Large (£250k+)	Bengali Women's ESOL Walking Group	This project brings together Bengali women for a weekly walking group to enjoy some gentle movement, and practice conversational English, thus reducing isolation, improving physical and mental wellbeing and enabling more positive interaction with the wider community and services such as GPs and other health professionals.	Bethnal Green West (formerly St Peter's) Spitalfields and Banglatown Whitechapel	24,945	85,229
8974 9606073	Island House Community Centre	Medium (£150k-£250k)	DIGITAL DAY	Digital Day will develop the existing SKILLS project, providing 3 levels of support to digitally-excluded clients. Teaching basic digital skills and providing computer/internet access for necessary for life tasks	Boroughwide	25,000	85,417

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual	Recommended (Total 41
				that have moved online, supporting the digitally excluded, improving skills, reducing digital exclusion, and enabling access to health and social care.		Amount)	Months)
8715 9605814	Limehouse Project	Large (£250k+)	ESOL & Digital Training	Limehouse Project's ESOL & Digital Training programme is a supportive coaching initiative funded by the Council which helps residents improve their command of the English language and basic digital skills. We hope to empower residents to improve their lives by learning new skills for life and life-long learning.	Limehouse Mile End Poplar St Dunstan's Stepney Green	25,000	85,417
8652 9605751	Quaker Social Action (BIA) (Carers Centre Tower Hamlets)	Large (£250k+)	Made of Money - helping carers to increase their resilience to online financial scams.	Quaker Social Action's 'Made of Money' financial education and financial wellbeing team, partnering with Carers Centre, Tower Hamlets, will devise and deliver digital inclusion sessions for local people, predominantly carers, focussing specifically on	Boroughwide	25,000	85,417

Theme 2	Theme 2 – Scheme B: Lifelong Learning										
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)				
				helping people be aware of and have a much reduced risk of falling victim to online scams/fraud.							
8906 9606005	Bromley By Bow Centre	Large (£250k+)	BOOST North East	Through Boost North East, the Bromley by Bow Centre is providing non-accredited English for Speakers of Other Languages (ESOL), and digital inclusion classes alongside social mixing activities. The project will support people to become confident engaging with the local community, and services using English. 280 learners will be supported.	Bow East Bow West Bromley North Bromley South Mile End	25,000	85,417				
8677 9605776	LifeLine Community Projects	Large (£250k+)	Creative English	Creative English is a volunteer-led English language programme that teaches everyday English speaking to people from marginalised and minority groups who do not speak English as a first/main language. Delivered by faith and community groups,	Mile End Poplar Shadwell Whitechapel	25,000	85,417				

Theme 2	Theme 2 – Scheme B: Lifelong Learning										
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)				
				Creative English uses applied drama techniques to engage learners in a fun and welcoming environment.							
8936 9606035	Tower Hamlets Parents Centre	Small (less than £150k)	THPC Digital Inclusion Programme for BAME Women	This Project will deliver a 36-hour Computer Training Programme that will improve the Skills, Employment Readiness and Inclusion of 140 local disadvantaged women from BAME Communities.	Spitalfields and Banglatown St Dunstan's St Katherine's and Wapping Stepney Green Weavers Whitechapel	12,000	41,000				
9021 9606120	Ashaadibi Education and Cultural Centre	Small (less than £150k)	Aim Higher e~Adult Lifelong Learning	The e-Adult Lifelong Learning project aims to promote digital inclusion, language skills, and lifelong learning in Tower Hamlets to the BAME community. Through English language classes and digital skills training, it will reduce digital exclusion and improve the confidence and aspirations of marginalized and underrepresented residents of LBTH.	Boroughwide	20,000	68,333				
						350,942	1,199,053				

Theme 3	- Scheme A: Er	nployment and	Skills Opportu	nities for Socially Excluded	Residents		
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
9036 9606135	Hornafrik Integration Projects Ltd	Small (less than £150k)	E14 BAME Skills Development and Employment Project	Our project aims to work with the hard-to reach, excluded BAME, mainly Somali and other African communities who live in 3 wards in Tower Hamlets, who are long-term unemployed and/or economically inactive, including individuals with no formal or limited educational qualifications.	Blackwall and Cubitt Town Island Gardens Lansbury Poplar	20,670	70,623
9047 9606146	Volunteer Centre Tower Hamlets	Medium (£150k-£250k)	Improving Employability Through Volunteering	Our project will support socially excluded residents from across the borough, including those who are further away from the labour market, to volunteer in local voluntary, community and statutory organisations, where they will gain workplace experience, training, references and improve their employability, skills and confidence.	Boroughwide	39,250	134,104
8701 9605800	East London Advanced	Large (£250k+)	Tower Hamlets Community Works	TH Community Works is an innovative, holistic programme of employability	Bethnal Green West (formerly St Peter's)	30,000	102,500

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual	Recommended (Total 41
		J	•			Àmount)	Months)
	Technology			skills training, personal	Limehouse		
	Training			development, one-to-one	Poplar		
				support, volunteering and	Shadwell		
				work experience to support	St Dunstan's		
				unemployed refugees and	Stepney Green		
				migrant residents of Tower	Weavers		
				Hamlets into work. It will	Whitechapel		
				empower participants to			
				build a career and navigate			
				the UK job market			
				independently.			
8671	Providence Row	Large (£250k+)	Employability	Our Employability &	Boroughwide	25,000	85,417
9605770			& Progression	Progression (E&P) project will	Spitalfields and		
			(E&P)	support 110 extremely	Banglatown		
			programme	vulnerable, disadvantaged			
			helping	and excluded homeless			
			homeless	people in Tower Hamlets,			
			people get	annually. Through our			
			closer to, or	numerous tried-and-tested			
			into,	learning, training, peer			
			employment	mentoring, work-placement			
				and employment			
				opportunities we will help			
				people get off, and stay off,			
				the streets and begin leading			
				more independent, self-			
				sustaining lives.			

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
8952 9606051	Stepney Community Trust (SCT)	Small (less than £150k)	"Employment Pathways"	"Employment Pathways" will develop training and support programmes for local people, farthest away from the job market, to improve employability and become better able to compete for jobs; the programme will comprise skills training, 1-1 mentoring, practical job search activities and work experience to progress along 'employment pathways'.	Boroughwide Spitalfields and Banglatown St Dunstan's Stepney Green Whitechapel	25,000	85,417
8964 9606063	Working Well Trust	Large (£250k+)	Upskill Works	We will support people with lived experience of mental health, learning disabilities and/or neurodiversity to address the barriers to progressing towards employment, to improve their employment prospects, to achieve and sustain their employment goals.	Boroughwide	25,000	85,417
8716 9605815	Limehouse Project	Large (£250k+)	More New Horizons	Limehouse Project's 'More New Horizons' project seeks to support local women to gain the skills to get into work and/or to begin to run their own online businesses which	Limehouse Mile End Poplar St Dunstan's Stepney Green	25,000	85,417

		Size of		nities for Socially Excluded Short Project Description	Geographical	Recommended	Recommended
ID	Organisation	Organisation	Project Title	Chort i Toject Booonpach	Area Served	(Annual Amount)	(Total 41 Months)
				can be managed around a work-life balance and household responsibilities.			
8816 9605915	Circle Community	Large (£250k+)	Circle Community's Back Your Future @ Canary Wharf employability programme for young people	Back Your Future @ Canary Wharf will provide holistic employability support to 495 NEET young people. Access to work experience, job-seeking skills, sector knowledge, wellbeing support and entry level jobs with Canary Wharf employers will provide them with the knowledge, networks and confidence to find, sustain, and progress in work.	Boroughwide	20,000	68,333
9080 9606179	Account3 Ltd	Large (£250k+)	Jobs for the Girls - Employability for Marginalised Women of Tower Hamlets	This project will provide unemployed women including returners with multi lingual support to plan their futures through offer of MATRIX accredited career guidance, training and support to better understand the jobs market and make the right decisions to get into paid work that offers career progression and stable employment.	Boroughwide	20,000	68,333

Theme 3	Theme 3 – Scheme A: Employment and Skills Opportunities for Socially Excluded Residents										
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)				
8885 9605984	Osmani Trust	Large (£250k+)	Pathway to Employment	We are seeking to deliver an education, employment and training-focused project to reduce barriers to employment for NEET young people in Tower Hamlets. We will develop their confidence and employability skills, help them gain qualifications and work experience and support them with progressing into education, employment or training.	Boroughwide	20,000	68,333				
8742 9605841	Leaders in Community	Large (£250k+)	Youth and Community Social Action Hub	The project will create a safe and inclusive hub for youth and community social action work placements, which will help develop campaigns on equity and employment by addressing barriers to progress, and raising aspirations for young people and older community members, particularly for people from Black, Asian, and Multi-Ethnicity backgrounds.	Lansbury Poplar	20,000	68,333				
9077 9606176	Streets of Growth	Large (£250k+)	Inspire Talent: Youth	We will support 16-25s Young adults who face complex barriers to work – showcasing	Boroughwide	20,000	68,333				

Theme 3	Theme 3 – Scheme A: Employment and Skills Opportunities for Socially Excluded Residents									
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)			
8957 9606056	The Bangladesh Youth Movement (BYM)	Medium (£150k-£250k)	"Opening Doors" [The Ethnically Diverse Women's Engagement Initiative]	their abilities and ensuring successful employment/training transitions. Engaging participants through outreach, we will develop their skills through strategic employer partnerships and a vibrant programme of life skills/work training, career mentoring, work experience and viable career pathways. "Opening Doors" is an initiative customised to support those residents furthest from the labour market i.e. females from Bangladeshi and ethnically diverse communities who are regularly excluded from development opportunities; they will build confidence, work-related skills and experience through employment-driven training and work development activities to become ready for work.	Shadwell Spitalfields and Banglatown St Dunstan's St Katherine's and Wapping Stepney Green Weavers Whitechapel	20,000	68,333			

Theme 3	Theme 3 – Scheme A: Employment and Skills Opportunities for Socially Excluded Residents										
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)				
9017 9606116	Mind in Tower Hamlets, Newham and Redbridge	Large (£250k+)	Mindful Barista Project	The Mindful Barista Project will support people living with mental health to access employment training and experience to become a Barista and gain work experience in local cafes. We will support up to 20 people per year to gain experience of working in a cafe and becoming a Barista.	Boroughwide	20,000	68,333				
						329,920	1,127,226				

Theme 3	- Scheme B: S	oorts and Local	Culture and H	eritage			
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
8983 9606082	Magic Me	Large (£250k+)	CREATIVE MIX	CREATIVE MIX: a year round programme of relationship building, arts workshops and creative events in and around Bethnal Green that will bring older and younger residents together, increasing individuals' confidence and wellbeing, building connections across different faiths, cultures and backgrounds, through creativity and the arts.	Bethnal Green East (formerly Bethnal Green) Bethnal Green West (formerly St Peter's) Weavers	39,958	136,523
8882 9605981	Osmani Trust	Large (£250k+)	OC Active – Community Sports & Health Project	Our project will provide access to regular sports provision for BAME communities including young girls, women, young adults and men over 45; meeting their family, cultural and religious needs and enabling them to participate fully. The programme will support local people to become Volunteer Champions promoting sports and healthy living.	Boroughwide	40,000	136,667

		Size of		Short Project Description	Geographical	Recommended	Recommended
ID	Organisation	Organisation	Project Title		Area Served	(Annual Amount)	(Total 41 Months)
8673	Vallance	Medium	SEND Health &	A programme of weekly	Boroughwide	25,000	85,417
9605772	Community	(£150k-£250k)	Wellbeing	sports and physical activities			
	Sports		Project	and a social club for Adults			
	Association		(Adults)	(18 years and above) with			
				special educational needs			
				and disabilities for the			
				purpose of increasing sports			
				participation, improving			
				health and wellbeing			
				(including mental health),			
				and reducing loneliness,			
				isolation and exclusion.			
8644	Platform Cricket	Medium	Platform	Establish "pop up" cricket	Boroughwide	25,000	85,417
9605743	(Tower Hamlets	(£150k-£250k)	Cricket Hubs:	clubs at 7 locations across the			
	Youth Sport		Bethnal	borough, providing access for			
	Foundation)		Green, Bow,	all children but particularly			
			Isle of Dogs,	under-represented groups			
			Poplar,	such as girls, ethnic			
			Stepney,	minorities, and those from			
			Wapping &	low-income backgrounds.			
			Whitechapel	Sessions will utilise cricket to			
				support personal and social			
				development outcomes.			
9050	Half Moon	Large (£250k+)	Professional	Professional theatre shows	Boroughwide	25,000	85,417
9606149	Young People's		Theatre and	and inclusive participatory			
	Theatre		Inclusive	drama opportunities in an			
			Participatory	accessible venue and in			
			Drama for	Children and Family Centres			
			Young People	around the borough. Activity			

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				is for ages 0-18 (or 25 for disabled young people) from all backgrounds and abilities from across Tower Hamlets, with free access support for anyone with			
9016 9606115	Shadwell Basin Outdoor Activity Centre (Also Known as ELMV Shadwell Basin Project)	Large (£250k+)	Discover Adventure Sport Project	needs/disabilities. The 'Discover Adventure Sports Project' will use outdoor and adventure activities as a vehicle to, both increase the engagement of girls in sports and improve health outcomes for inactive young people. It will target under-represented communities to address the inequalities that exist in the access to adventure sports.	Boroughwide	9,294	31,755
8875 9605974	Outside Edge Theatre Company	Medium (£150k-£250k)	East London Drop-in Drama and Write Now	East London Drop-in Drama and East London Write Now will provide free, accessible arts-based activities for vulnerable Tower Hamlets residents affected by addiction that will help improve their health and wellbeing and prevent relapse.	Boroughwide Spitalfields and Banglatown	25,000	85,417

Theme 3	B - Scheme B: S	oorts and Local	Culture and H	eritage			
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
8752 9605851	Wapping Youth Services	Small (less than £150k)	FitLife: Wellness Through Sports	FitLife: Wellness Through Sports initiative is a project that promotes improved health and well-being of residents. Through targeted activities, the project aims to foster engagement, physical and mental wellness, and a sense of pride in the diverse cultural community for all the residents of Tower Hamlets.	Bethnal Green East (formerly Bethnal Green) Bethnal Green West (formerly St Peter's) Limehouse Mile End Shadwell Spitalfields and Banglatown St Dunstan's St Katherine's and Wapping Stepney Green Weavers Whitechapel	25000	85,417
8897 9605996	Four Corners	Large (£250k+)	East End Stories	"East End Stories" will provide seventy-two Tower Hamlets residents with the opportunity to participate in a programme of training and cultural activities which will culminate in them making films about their local community's history and culture.	Boroughwide	20,000	68,333
9064 9606163	Udichi Shilpi Gosthi	Small (less than £150k)	Udichi Performing	UDICHI Performing Arts/Festival Project works	Bethnal Green East (formerly	19,000	64,917

Theme 3	B – Scheme B: S	oorts and Local	Culture and He	eritage			
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
			Arts and Festival Project	with Tower Hamlets Bangladeshi community increasing access and participation in cultural events focusing on Bengali & other cultures/heritages. Project provides quality teaching in music, dance, literature to 420 children/young people over 3.5 years and also delivers X 18 Festivals for 7,000 Tower Hamlets residents.	Bethnal Green) Boroughwide Bow East Bromley North Island Gardens Limehouse Mile End Poplar Shadwell Spitalfields and Banglatown Stepney Green Weavers Whitechapel		
9086 9606185	Bromley By Bow Community Organisation	Small (less than £150k)	BBBCO Sporting Community	BBBCO Sporting Community will provide sporting sessions to young people to improve their physical and mental health; develop their personal skills and social connections; act as a diversionary hook away from negative activities.	Bromley South	15,000	51,250
8860 9605959	Kayd Somali Arts & Culture	Medium (£150k-£250k)	Tower Hamlets in Focus: Somali Arts Project	Celebrate and showcasing Somali arts and culture in Tower Hamlets through a series of engaging events during the Somali Week Festival. Featuring a family	Bethnal Green East (formerly Bethnal Green) Bethnal Green West (formerly St Peter's)	20,000	68,333

Theme 3	- Scheme B: Sp	ports and Local	Culture and He	eritage			
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				weekend, a captivating documentary highlighting the historical significance of Somalis in East London, and a commissioned British-Somali play. Preserving cultural heritage &promoting artistic expression and storytelling.	Blackwall and Cubitt Town Boroughwide Bow East Bow West Bromley North Bromley South Canary Wharf Limehouse Mile End Poplar Shadwell Spitalfields and Banglatown St Dunstan's St Katherine's and Wapping Stepney Green Whitechapel		
9087 9606186	Ocean Youth Connexions	Medium (£150k-£250k)	Physical Health and fitness programmes	We want to continue deliver a Taekwondo Session for young girls from the BAME communities, a BAME men's cycling activity and a weekend football programme that addresses social exclusions	St Dunstan's	20,000	68,333
8703 9605802	South Poplar and Limehouse	Small (less than £150k)	SPLASH Sports and Play clubs	In England's most densely populated borough, where	Limehouse Poplar	20,000	68,333

Theme	3 – Scheme B: S	oorts and Local	Culture and H	eritage			
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
	Action for Secure Housing (SPLASH)			41.8% of kids face weight challenges, and 88% live in flats. SPLASH Play offers free supervised play and sport provisions for children aged 5-13. Our dedicated playworkers nurture creativity, empowering kids to explore their imagination, learn, and flourish in a safe, friendly space.			
						328,252	1,121,529

Theme 4	- Scheme A: Pl	nysical and Mer	ntal Wellbeing	of Older People			
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
9032 9606131	SocietyLinks Tower Hamlets	Large (£250k+)	Growing Together	A health and mental wellbeing improvement programme targeting older people through tackling loneliness, inactivity and isolation. The project will reduce digital isolation to give older people greater access to services and convenience and imbed strategies to improve intergenerational relations through a volunteering scheme with local young students.	Shadwell St Katherine's and Wapping Whitechapel	40,000	136,667
8942 9606041	Globe Community Project	Small (less than £150k)	Wellbeing for Elders	A powerful mindfulness-based programme serving over-60s at risk of severe loneliness and isolation in Tower Hamlets supporting them to increase connection with others and themselves and lead richer, more active and fulfilling lives. Participants improve their	Bethnal Green West (formerly St Peter's)	39,903	136,335

		Size of		Short Project Description	Geographical	Recommended	Recommended
ID	Organisation	Organisation	Project Title		Area Served	(Annual Amount)	(Total 41 Months)
				resilience using proven tools			
				to improve awareness and			
				agency over thoughts,			
				emotions and behaviour.			
8969	Age UK East	Large (£250k+)	Activity Buddy	Our tried and tested,	Boroughwide	25,000	85,417
9606068	London			volunteer-led Activity Buddy			
				scheme uses both 1:1 and			
				group sessions to support			
				older people to build the			
				trust and confidence to get			
				out into the community,			
				connect with others and			
				become more active and			
				informed.			
8868	English National	Large (£250k+)	Dancing East	Dancing East is English	Bethnal Green	25,000	85,417
9605967	Ballet			National Ballet's programme	East (formerly		
				of creative ballet classes for	Bethnal Green)		
				participants aged over 50	Blackwall and		
				living in Tower Hamlets, and	Cubitt Town		
				is designed to improve	Canary Wharf		
				physical and mental	Lansbury		
				wellbeing through dance in	Limehouse		
				community centres across	Poplar		
				the borough.	Shadwell		
					Spitalfields and		
					Banglatown		
					Weavers		
					Whitechapel		

Theme 4	I – Scheme A: Pl	nysical and Mer	ntal Wellbeing	of Older People			
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
9073 9606172	Community of Refugees from Vietnam - East London	Medium (£150k-£250k)	Vietnamese and Chinese Lunch and Social Club	The Vietnamese & Chinese Lunch Club (VCLC) provides healthy food, a lunch club, a range of social activities and promotes healthy living in all forms for older people in the London Borough of Tower Hamlets.	Bethnal Green East (formerly Bethnal Green) Bethnal Green West (formerly St Peter's) Blackwall and Cubitt Town Boroughwide Bow East Bow West Bromley North Bromley South Island Gardens Lansbury Limehouse Mile End Poplar Shadwell Stepney Green Whitechapel	25,000	85,417
8973 9606072	Island House Community Centre	Medium (£150k-£250k)	SENIORS	The Seniors Project addresses loneliness and isolation in older people within Tower Hamlets through regular initiatives covering physical and mental health, social needs, and practical skills. Extending our existing	Boroughwide	25,000	85,417

Theme 4	- Scheme A: Pl	nysical and Mer	ntal Wellbeing	of Older People			
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				programme will increase the range of social and health activities available to improve mental and physical health amongst the over-fifties.			
9002 9606101	Tower Hamlets Friends and Neighbours	Medium (£150k-£250k)	Befriending for Isolated Older People	A free befriending and advocacy service for older people experiencing loneliness and social isolation in Tower Hamlets through one-to-one befriending visits in people's homes, group outings enabling people to meet others in a similar situation, and telephone befriending for additional support particularly at times of crisis	Boroughwide	25,000	85,417
9052 9606151	Wapping Bangladesh Association	Medium (£150k-£250k)	Active Plus - Wapping BME Older Person's Day Club	WBA's Older Person's Healthy Living Club is a community- based day club run at the Wapping's Youth Club that will a Lunch Club Programme and a variety of social and cultural socialisation activities that bringing improvements to the physical and emotional	Shadwell St Katherine's and Wapping	25,000	85,417

Theme 4	- Scheme A: Pl	nysical and Mer	ntal Wellbeing o	of Older People			
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				well-being to vulnerable Bangladeshi and BME older people.			
9004 9606103	East London Mosque Trust	Large (£250k+)	The Senior Citizens Project	The Senior Citizens Project at East London Mosque supports elderly men and women over 50 to tackle loneliness and isolation and improve their health and well-being through social activity, exercise, and awareness sessions in a culuturally sensative space and gives access to a healthy meal through a health cafe	Bethnal Green East (formerly Bethnal Green) Whitechapel	25,000	85,417
8979 9606078	Methodist Church Tower Hamlets	Large (£250k+)	Zacchaeus Health and Wellbeing for Older People	Zacchaeus aims to provide a range of wrap around/holistic offers of advice, information, access to benefits, support groups and health, social and therapeutic sessions to reduce isolation for older people. Aiming to promote healthy lifestyles, increase opportunities for physical activity participation, working towards a better mutual	Bethnal Green East (formerly Bethnal Green) Bow East	25,000	85,417

Theme 4	– Scheme A: Pl		itai vveiibeing (Coographical	Decemberded	Dogommandad
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				understanding of different cultures.			
8864 9605963	St Hilda's East Community Centre	Large (£250k+)	Over 50's Feeling Good	The aim of Over 50s Feeling Good is to provide a programme of activity for older people which allows them to experience joy through taking part in exciting and challenging activity, fostering social connections, and improving their physical and mental health in an environment that is comfortable, safe and inclusive.	Boroughwide Shadwell St Katherine's and Wapping Weavers	25,000	85,417
8632 9605731	Shadwell Trust	Small (less than £150k)	Bridging the Gap	Bridging the Gap will provide access to physical activity and mobility sessions to older people. The activities will be delivered from Tarling East Community Centre in partnership with Sonali Gardens, Linkage Plus and Tower Hamlets Community Housing. We also plan to run social club and activity classes for older people.	Shadwell St Katherine's and Wapping Stepney Green Whitechapel	25,000	85,417

	I – Scheme A: PI	Size of		Short Project Description	Geographical	Recommended	Recommended
ID	Organisation	Organisation	Project Title	Onort i Toject Bescription	Area Served	(Annual Amount)	(Total 41 Months)
8956 9606055	Somali Senior Citizens Club	Small (less than £150k)	"Granby Hall Seniors' Club"	Granby Hall Seniors' Club will promote health and wellbeing of vulnerable local elders, particularly, but not exclusively, from the Somali community living in Tower Hamlets experiencing social isolation, economic deprivation and reduced independence by providing a programme of health and developmental activities at our Granby Hall Centre.	Bethnal Green East (formerly Bethnal Green) Bethnal Green West (formerly St Peter's) Boroughwide	25,000	85,417
8903 9606002	Neighbours In Poplar	Large (£250k+)	Bengali Womens Holistic Project	Following extensive research by NIP, we have discovered that there is a lack of community provision for local elderly Bengali women. We therefore, propose to outreach to local elderly Bengali women residing in the E14 area to attend and take full advantage of the many services and activities from NIP.	Blackwall and Cubitt Town Canary Wharf Island Gardens Lansbury Limehouse Poplar	25,000	85,417
8826 9605925	Asian People's Disability Alliance	Large (£250k+)	Can you See Us - Standing	This is a Daycare & Development Project for Older women with	Bethnal Green East (formerly Bethnal Green)	20,000	68,333

Theme 4	Theme 4 – Scheme A: Physical and Mental Wellbeing of Older People										
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)				
			Up for Older People	Disabilities and long term Health Conditions. By supporting their physical, emotional, social, and environmental needs, we may improve the quality of life for older persons with impairments and health issues.	Bethnal Green West (formerly St Peter's) Spitalfields and Banglatown Weavers						
						399,903	1,366,339				

Theme 4	heme 4 – Scheme B: Physical and Mental Health of Residents										
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)				
8843 9605942	Sister Circle	Large (£250k+)	Healing Conversations	Healing Conversations will provide 85 minoritised mums of pre-school children/survivors of gender-based violence with complex needs with specialist, culturally competent, traumainformed counselling delivered in community settings, in multiple languages. The project will: improve mental health, connect women to wider sources of support essential to health and wellbeing, reduce health inequalities.	Boroughwide	36,403	124,377				
8932 9606031	deafPLUS	Large (£250k+)	Improving the Health and Wellbeing of the deaf and hard of hearing community	A borough wide health and wellbeing project that will address health inequalities for deaf and hard of hearing residents, address their mental health issues and enable them to make healthy lifestyle choices.	Boroughwide	40,000	136,667				
8857 9605956	Body & Soul	Large (£250k+)	You Are Not Alone	We will expand delivery of	Boroughwide	25,000	85,417				

Theme 4	- Scheme B: Pl		tal Health of Re		T		_
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				our You Are Not Alone (YANA) suicide-prevention programme for young people (aged 16-30) most at risk of suicide in Tower Hamlets, addressing increasing demand and complex needs, particularly among marginalised communities that have been disproportionately affected by the pandemic and rising cost of living.			
8858 9605957	Carers Centre Tower Hamlets (London Buddhist Centre)	Large (£250k+)	Building Resilience and Resourcefulness for Unpaid Carers	Carers will have access to a full range of therapies, respite, and learning opportunities including, wellness days; art and creative activities; practical workshops on how to maintain a healthy lifestyle; and courses delivered by professionals to develop the skills required to effectively manage their caring role; and look after themselves.	Boroughwide	25,000	85,417
8905 9606004	Bromley By Bow Centre	Large (£250k+)	Connect for Health	The Bromley by Bow Centre alongside local self-	Bow East Bow West Bromley North	25,000	85,417

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				employed sessional leads (physical activity coaches, artists, and facilitators) are supporting 80 people each year to participate in 160 activity sessions. Sessions are designed to improve health and connection, and include both broad open access activities and those targeted at specific audiences.	Bromley South Mile End		
8947 9606046	Canaan Project	Small (less than £150k)	Canaan Project: Young Women's Mentoring	Canaan Project's mission is to provide high quality youth work for young women where there is currently none. Our mentoring programme offers ongoing 1:1 support for young women with the aim of seeing them flourish, have broadened horizons and raised aspirations.	Blackwall and Cubitt Town Canary Wharf Island Gardens Mile End	25,000	85,417
8966 9606065	Mind in Tower Hamlets, Newham and Redbridge	Large (£250k+)	Our Voices Sakinah	Our Voices Sakinah is a co- produced, community- based project for diverse Muslim women to come	Boroughwide	25,000	85,417

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				together to support each others mental health and wellbeing through creating a network of safe spaces. The project support women to have a greater voice and access services that promote positive mental health.			
8667 9605766	Toynbee Hall	Large (£250k+)	Playful Tower Hamlets - Nurturing Bodies and Minds	By creating edible gardens in underused areas of East London, Toynbee Hall aims to connect children to nature, tackle food poverty, and improve physical and mental wellbeing. We will provide outdoor play activities, forest school and weekend gardening sessions for 300 disadvantaged children and their families per year.	Spitalfields and Banglatown	25,000	85,417
8962 9606061	Working Well Trust	Large (£250k+)	Upskill Choices	The service will ensure people who have lived experience of mental health are able to access community opportunities to	Boroughwide	25,000	85,417

Theme 4	- Scheme B: P	hysical and Mer	ntal Health of Re	esidents			
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				support their health and wellbeing by supporting to identify the issues affecting them taking up opportunities, to address them and to support them to take that next step.			
8939 9606038	Tower Hamlets Parents Centre	Small (less than £150k)	Women's Health Matters	The Women's Health Matters Project in Tower Hamlets will improve the Physical and Mental Health of over 1050 disadvantaged Women in Tower Hamlets, by developing their knowledge, providing Fitness and Nutrition Activities and enhancing their Access to Services.	Spitalfields and Banglatown St Dunstan's St Katherine's and Wapping Stepney Green Weavers Whitechapel	25,000	85,417
8940 9606039	elop (East London Out Project)	Large (£250k+)	Tower Hamlets LGBT+ Support	LGBT+ Community Support to enhance peer networks, lessen isolation and provide mental health crisis prevention support. Two facilitated social support groups targeting older people, people with mental health needs or other	Boroughwide	25,000	85,417

	I – Scheme B: P∣ │	Size of		Short Project	Geographical	Recommended	Recommended
ID	Organisation	Organisation	Project Title	Description	Area Served	(Annual Amount)	(Total 41 Months)
				disabilities, and LGBT asylum seekers and one to one mental health support providing individual mental health crisis prevention support.			
8663 9605762	Positive East	Large (£250k+)	One-to-one counselling for residents living with HIV and poor mental health	People living with HIV in the UK are at increased risk of anxiety and depression compared to the general public. Poor mental health can lead to non-adherence to antiretroviral therapy and reduced retention in HIV care. We will provide one-to-one counselling supporting people living with HIV in Tower Hamlets.	Boroughwide Whitechapel	16,222	55,425
8747 9605846	The Shadwell Community Project	Small (less than £150k)	Grow, Eat, Cook! Children's Café Project	We will provide access to free healthy meals for children especially from low income and ethnic minority backgrounds in Tower Hamlets. We will provide weekly sessions where children grow, cook and eat	Shadwell	25,000	85,417

ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)
				meals together in a supportive, active environment and increase their health, fitness and wellbeing.			
8850 9605949	Vallance Community Sports Association	Medium (£150k-£250k)	SEND Health & Wellbeing Project (Young People)	A programme of weekly sports and physical activities and a social club for young people (8-25 years) with special educational needs and disabilities for the purpose of increasing sports participation, improving health and wellbeing (including mental health), and reducing loneliness, isolation and exclusion.	Boroughwide	25,000	85,417
8736 9605835	Council Of Mosques - Tower Hamlets	Small (less than £150k)	Council of Mosque Healthy Mind, Healthy Lifestyle Reach	This healthy living project aims to improve the physical and mental health and wellbeing of BAME residents through a programme of community events, practical workshops and one-to-one health support, advice and information that will raise awareness of health risks,	Boroughwide	25,000	85,417

Theme 4 – Scheme B: Physical and Mental Health of Residents										
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)			
				illnesses and diseases most						
				profound amongst the						
				borough's BAME						
				communities.						
						392,625	1,341,473			

Theme 5 – Scheme A: Inequalities Experienced by People and Communities Reflecting Different Equality Groups and Social **Economic Backgrounds** Size of **Short Project Description** Geographical Recommended Recommended ID **Organisation Organisation Project Title Area Served** (Annual (Total 41 Months) Amount) Medium 9048 Volunteer **BAME Trustee** Boroughwide 39,989 136,629 The programme will recruit, 9606147 **Centre Tower** (£150k-£250k) Training and train and support residents Hamlets Matching (known as The from BAME communities (60% women) to become **METs** Programme) charity trustees. It will address inequality by empowering BAME residents to fulfil their potential and progress into leadership roles. Trained volunteers will be matched with local charities, creating trustee boards that better reflect our community. Working Well Large (£250k+) Upskill Reach Boroughwide 39,740 135,778 8961 9606060 Opening up referral pathways Trust and increasing access to opportunities for people with lived experience of mental health from Black, Asian and Multi-Ethnic Communities. We will support people to

overcome barriers by addressing inequalities of access to support and

resources.

Appendix D

Theme 5 – Scheme A: Inequalities Experienced by People and Communities Reflecting Different Equality Groups and Social **Economic Backgrounds** Size of **Short Project Description** Geographical Recommended Recommended ID **Organisation Organisation Project Title Area Served** (Annual (Total 41 Months) Amount) Large (£250k+) All Inclusive Boroughwide 102,500 8908 Real DPO Ltd Tailored and evidence-based 30,000 9606007 Advice advice and support for disabled individuals in Tower Hamlets. Offering holistic assistance, including guidance on independent travel, financial independence, community engagement, and access to local services. It will cater to clients from diverse ethnic, cultural, and faith backgrounds and collaborate with other organizations for referrals. 8994 East London Large (£250k+) **Tower Hamlets** Tower Hamlets Voices will Bethnal Green 25,000 85,417 9606093 East (formerly foster community cohesion Advanced Voices Technology by bringing together people Bethnal Green) **Training** from diverse backgrounds in Bethnal Green six local West Tower Hamlets West (formerly hubs. The project aims to St Peter's) Limehouse improve inclusion, access to support, and overall equality Mile End and will support 220 Shadwell participants, mostly from Spitalfields and Black, Asian, and multi-ethnic Banglatown

backgrounds and other

marginalised groups annually.

St Dunstan's

Stepney Green

Appendix D

Theme 5 – Scheme A: Inequalities Experienced by People and Communities Reflecting Different Equality Groups and Social **Economic Backgrounds** Size of **Short Project Description** Geographical Recommended Recommended ID **Organisation Organisation Project Title Area Served** (Annual (Total 41 Months) Amount) Weavers Whitechapel 8722 Account3 Ltd Large (£250k+) Dare to Lead is a customised Boroughwide 25,000 85,417 Dare to Lead -9605821 leadership and approved BAME Women focused leadership development for Minoritized programme, which is women of accredited and externally verified and validated by the **Tower Hamlets** national examination board OCN, London. The leadership programme is designed to support BAME women who are in or aspire to leadership roles through a development programme 8631 Council Of Small (less CoM CoM's Community Boroughwide 25,000 85,417 9605730 Mosques than £150k) Community Empowerment Project is new **Tower Hamlets** structured service designed **Empowerment** and developed by CoM to Project address racism, faith-based abuse such as Islamophobia and discrimination faced by particularly by the borough's Muslim Communities areas of health, the criminal justice system, education, employment, immigration and politics experienced by

Appendix D

224,712

767,767

Theme 5 – Scheme A: Inequalities Experienced by People and Communities Reflecting Different Equality Groups and Social **Economic Backgrounds** Size of **Short Project Description** Geographical Recommended Recommended ID **Organisation Organisation Project Title** Area Served (Annual (Total 41 Months) Amount) the borough's BAME communities. 9029 SocietyLinks Large (£250k+) Stay Smart The Stay Smart, Stay Safe Shadwell 25,000 85,417 9606128 Stay Safe project focuses on St Katherine's **Tower Hamlets** empowering girls and women and Wapping Whitechapel to make positive choices in their personal lives that allow them to prosper and lead fulfilling lives. Toyhouse will facilitate a **TOYHOUSE** Small (less 14,983 51,192 9008 **Empowering Bow West** 9606107 than £150k) series of short courses for **Bromley North** LIBRARIES Communities:-ASSOCIATION Coming people from diverse **Bromley South OF TOWER** backgrounds and 3 together, Mile End **HAMLETS** sharing their generations across equalities Poplar St Dunstan's cultures, food strands. 5 parents & preand schoolers, plus older people, Stepney Green experiences drawn together to discover and discuss, aiming to increase understanding and appreciation of different cultures - via food; games; traditions; clothing; beliefs; celebrations.

Theme 5 – Scheme B: Community Safety								
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)	
8883 9605982	Osmani Trust	Large (£250k+)	Schools Resilience Programme (SRP)	The Schools Resilience Programme (SRP) aims to educate and mentor vulnerable and at risk secondary school children on community safety and prevent them from becoming involved in crime, gangs and criminal exploitation. The project will develop their resilience, critical thinking skills and emotional intelligence so they make informed choices.	Boroughwide	40,000	136,667	
8696 9605795	Step Forward (Tower Hamlets)	Large (£250k+)	Being Heard	Our Being Heard project offers a programme of preventative, early intervention activities to help keep vulnerable young people aged 11-25 safe, free from harm and prevent them being exploited. It also provides specialist support to young people affected by sexual violence to help them feel safe, cope and recover.	Boroughwide	40,000	136,667	
8900 9605999	Beyond the Streets	Large (£250k+)	Door of Hope	Funding our Door of Hope Coordinator, overseeing our project working with women	Boroughwide	23,399	79,947	

Theme 5 – Scheme B: Community Safety								
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)	
				selling sex in Tower Hamlets				
				through street outreach, drop				
				Ins and long term, trauma				
				informed, 1:1 support that				
				includes advocating for and				
				enabling positive outcomes				
				within themes of				
				homelessness, income and				
				food poverty, substance				
				misuse, and physical/mental				
				health				
8914	Women's	Large (£250k+)	Haawa Project	The Hawaa Project is a	Boroughwide	30,000	102,500	
9606013	Inclusive Team		(Community	tailored advice and guidance				
			Safety)	service for BAME women				
				affected by domestic abuse.				
				WIT provides a safe and				
				confidential environment,				
				where cultural and linguistic				
				needs of minority women are				
				catered for. Hawaa is set to				
				help tackle a culturally				
				sensitive issue that is often				
8678	D'awatul Islam	Large (C2EOL)	"Our Park" -	overlooked.	Limehouse	20,000	102 500	
9605777	UK & Eire Ltd	Large (£250k+)	'Safer Parks	The "Safer Parks Campaign"	Shadwell	30,000	102,500	
9003///	OK & EIIE LIG			empowers local communities to tackle issues like anti-social				
			Campaign'		St Katherine's			
				behaviour, drug abuse,	and Wapping			
				mugging, sexual exploitation,	Stepney Green			
				and violence in parks. A	Whitechapel			

Theme 5 – Scheme B: Community Safety								
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)	
				diverse team of 20 individuals, will work together to make parks safer through community organising, community listening, social action, and negotiations with authorities.				
8738 9605837	Shadwell Trust	Small (less than £150k)	Self Defence Classes and Creative Arts	Self Defence Classes and Creative Arts for Girls, Women and BAME Young People	Shadwell St Katherine's and Wapping Stepney Green Whitechapel	20,000	68,333	
8821 9605920	City Gateway 14-19 Provision	Large (£250k+)	ReBuild - Pathways to Employment for Ex- Offenders	Our programme, ReBuild, focuses on enhancing the life opportunities and employment opportunities of ex-offenders aged 16-24. We provide dedicated assistance to this group through our education and training pathways, underpinned by one-to-one coaching, supporting them into sustainable education, employment and training (EET) outcomes with partner employers.	Boroughwide	20,000	68,333	

Theme 5 – Scheme B: Community Safety								
ID	Organisation	Size of Organisation	Project Title	Short Project Description	Geographical Area Served	Recommended (Annual Amount)	Recommended (Total 41 Months)	
8792 9605891	Look Ahead Care and Support	Large (£250k+)	Children's Domestic Violence Support Worker	A specialist Children's Domestic Violence Support Worker to support children living at the refuge who have experienced trauma due to early exposure to domestic abuse. The post will be embedded in the Tower Hamlets Domestic Abuse Service and support children while they stay in the refuge.	Shadwell	20,000	68,333	
						223,399	763,280	